

TWO SIMILAR (BUT DIFFERENT!) READING SYSTEMS

When you first start reading for study, you may like to try one or both of these reading systems, which will help you to understand and remember the main points of the text. Look closely – they are quite similar!

SQ3R METHOD	
SKIM	Skim through the chapter. Read the summary (if there is one). Look for the main ideas.
QUESTION	Make up a question from the first section or paragraph of the chapter.
READ	Read that section or paragraph and aim to answer your question.
RECITE	Turn the book over and try to summarise in writing, what you have just read. If you can't, glance through the section again.
REVIEW	When you have done the above steps for each section or paragraph of the chapter, write a brief outline of how the main points of each section relate to each other.

OK4R METHOD	
OVERVIEW	Overview of book – contents list, introduction, summary.
KEY IDEAS	Establish key ideas a section at a time: <ul style="list-style-type: none"> - underline key words and phrases - circle important terms - connect related points with lines - summarise the key ideas -
READ	Read each section in more detail – are the arguments convincing?
RECALL	Recall the key points and ideas you have read.
REFLECT	Ask yourself some questions: <ul style="list-style-type: none"> - Do I understand the section? - Does it make sense? - Is it relevant? - Do I agree with it? - Can I challenge it? - How does it relate to other reading I have done for this course? - Does it help me with any of my assignments? -
REVIEW	At the end of each chapter, review the chapter and write an outline of it.