

# AN EXAMPLE OF A TIME LOG CHART

## A SIMPLE VERSION

	MON	TUES	WED	THURS	FRI	SAT	SUN
AM							
PM							
EVE							

## A MORE DETAILED VERSION

	MON	TUES	WED	THURS	FRI	SAT	SUN
7am to 9am							
9am to 12 noon							
12 noon to 1pm							
1pm to 5pm							
Evening							